



BUDGET BYTES

DELICIOUS RECIPES DESIGNED FOR SMALL BUDGETS

White Chicken Chili Meal Prep

GROCERY ITEMS	
	Yellow onion, 1
	Garlic, 2 cloves
	Jalapeno, 1
	Boneless skinless chicken breast, 3/4 lb
	Monterrey Jack cheese, shredded 4 oz
	Sweet potatoes, 1 1/2 lbs
	Cilantro, 1/4 bunch
	Lime, 1
	Salsa verde, 16 oz jar
	Tortilla chips
	Cannellini beans, (2) 15 oz cans
	Pinto beans, 15 oz can

PANTRY ITEMS	
	Ground cumin, 1 1/4 Tbsp
	Dried oregano, 1 tsp
	Cayenne pepper, 1/4 tsp
	Ground black pepper, 1/4 tsp
	Chicken broth, 2 cups
	Olive oil, 2 Tbsp
	Salt, 1/4 tsp

*Remember: Shop your pantry before you shop the store so you know what needs to be restocked and what you already have on hand.