



BUDGET BYTES

DELICIOUS RECIPES DESIGNED FOR SMALL BUDGETS

Pesto Stuffed Shells Meal Prep

GROCERY ITEMS	
	Frozen Spinach, 1/2 lb
	Ricotta cheese, 15 oz
	Mozzarella, shredded, 1/2 cup
	Basil pesto, 1/2 cup
	Egg, large, 1
	French bread, 1 loaf
	Butter, 1/2 stick
	Garlic, 3 cloves
	Parsley, 1/4 cup
	Jumbo pasta shells, 8 ounces (22-25 shells)
	Pasta sauce, 24 oz jar

PANTRY ITEMS	
	Olive oil, 2 Tbsp
	Salt

*Remember: Shop your pantry before you shop the store so you know what needs to be restocked and what you already have on hand.