



# BUDGET BYTES

DELICIOUS RECIPES DESIGNED FOR SMALL BUDGETS

## Creamy Black Bean Taquito Meal Prep

GROCERY ITEMS	
	Cream cheese, 4 oz
	Green onions, 2
	6 inch corn tortillas, 16 total
	Cilantro, 1/2 bunch
	Lime, 1 medium
	Salsa, 1 cup
	Black beans, 15 oz can
	Diced green chiles, 4 oz can

PANTRY ITEMS	
	Hot sauce, 1/2 tsp (optional)
	Garlic powder, 1/8 tsp
	Salt, 1/8 tsp
	Cooking oil, 3 Tbsp
	Long grain rice, 2 cups
	Chicken broth, 3 cups
	Olive oil, 1 Tbsp

\*Remember: Shop your pantry before you shop the store so you know what needs to be restocked and what you already have on hand.